

Level 2A

# Elevating your Signing Skills

## **WORKBOOK**

Sample

More than 80 activities to boost your ASL skills

Sample

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Sample

# LESSON 1

## Travel



### THIS LESSON INCLUDES:

- Travel vocabulary
- Number lesson
- Receptive practice
- Fingerspelling practice

## 1.2 LESSON – TRAVEL VOCABULARY PART 1

### ACTIVITY

It's time to practice vocabulary about travel!

#### DIRECTIONS:

1. Watch the video and practice the words listed below.
2. Find opportunities in your day to practice these words and phrases. Set aside time to practice each day.
3. Once you've mastered this vocabulary list, record yourself practicing the words on the next page. Go back and watch the video and see if you can understand the words you've signed. Write these down and check your answers!

travel

trip

outside

south

east

west

north

mountain

ocean

beach

island

desert

hills

drive

highway

road

train

subway

bus

airplane

## 1.2 LESSON – TRAVEL VOCABULARY PART 1 (CONTINUED)

### ACTIVITY



#### DIRECTIONS:

Record yourself (or have someone record you) signing the following words. Watch the recording again and write down the sequences on a separate piece of paper.

Were you able to produce and understand all of the words? If so, pat yourself on the back! If not, there's lots of time to continue to practice!

#### PRACTICE ROUND 1

outside  
west  
beach  
ocean

#### PRACTICE ROUND 2

bus  
train  
highway  
east

#### PRACTICE ROUND 3

mills  
road  
trip  
airplane

#### PRACTICE ROUND 4

south  
drive  
subway  
travel

#### PRACTICE ROUND 5

island  
north  
desert  
mountain

## 1.2 LESSON – TRAVEL VOCABULARY PART 2

### ACTIVITY

It's time to practice vocabulary about travel!

#### DIRECTIONS:

1. Watch the video and practice the words listed below.
2. Find opportunities in your day to practice these words and phrases. Set aside time to practice each day.
3. Once you've mastered this vocabulary list, record yourself practicing the words on the next page. Go back and watch the video and see if you can understand the words you've signed. Write these down and check your answers!

walk

take-off

landing

motel

bicycle

city

country

stage

farm

river

lake

valley

forest

building

local

tourist

ticket

world

Earth



## 1.2 LESSON – TRAVEL VOCABULARY PART 2 (CONTINUED)

### ACTIVITY



#### DIRECTIONS:

Record yourself (or have someone record you) signing the following words. Watch the recording again and write down the sequences on a separate piece of paper.

Were you able to produce and understand all of the words? If so, pat yourself on the back! If not, there's lots of time to continue to practice!

#### PRACTICE ROUND 1

city  
local  
Earth  
farm

#### PRACTICE ROUND 2

state  
motel  
forest  
walk

#### PRACTICE ROUND 3

tourist  
lake  
ticket  
take-off

#### PRACTICE ROUND 4

bicycle  
river  
world  
building

#### PRACTICE ROUND 5

valley  
country  
take-off  
landing

## 1.2 LESSON – TRAVEL VOCABULARY PART 3

### ACTIVITY

It's time to practice vocabulary about travel!

#### DIRECTIONS:

1. Watch the video and practice the words listed below.
2. Find opportunities in your day to practice these words and phrases. Set aside time to practice each day.
3. Once you've mastered this vocabulary list, record yourself practicing the words on the next page. Go back and watch the video and see if you can understand the words you've signed. Write these down and check your answers!

Europe	North America	Canada
Central America	South America	Asia
Australia	Middle East	depart / leave
arrive	explore	luggage / bags
cruise	camping	boat
traffic	bridge	people

## 1.2 LESSON – TRAVEL VOCABULARY PART 3 (CONTINUED)

### ACTIVITY



#### DIRECTIONS:

Record yourself (or have someone record you) signing the following words. Watch the recording again and write down the sequences on a separate piece of paper.

Were you able to produce and understand all of the words? If so, pat yourself on the back! If not, there's lots of time to continue to practice!

#### PRACTICE ROUND 1

luggage / bags  
Central America  
explore  
Asia

#### PRACTICE ROUND 2

arrive  
boat  
bridge  
Europe

#### PRACTICE ROUND 3

cruise  
camping  
North America  
Canada

#### PRACTICE ROUND 4

traffic  
people  
South America

#### PRACTICE ROUND 5

Australia  
depart / leave  
Middle East

## 1.3 LESSON – NUMBER LESSON

### ACTIVITY

Learn and practice numbers every day and you'll be an ASL math whiz in no time!

#### DIRECTIONS:

1. Practice using numbers over the next few days. Cross off the number once you've got it down.
2. Find opportunities in your day to practice numbers you see – house address numbers, prices of items at the store, phone numbers you see, etc.
3. Once you've mastered these numbers, record yourself using the number sequences on the next page. Go back and watch the video and see if you can understand the numbers you've signed. Write these down and check your answers!

100	200
300	400
500	600
700	800
900	1000
hundred	thousand

## 1.3 LESSON – NUMBER LESSON (CONTINUED)

### ACTIVITY



#### DIRECTIONS:

Record yourself (or have someone record you) signing the following numbers slowly. Watch the recording again and write down the numbers you see.

Were you able to produce and understand all of the numbers? If so, pat yourself on the back! If not, there's lots of time to continue to practice!

#### PRACTICE ROUND 1

500      700      600      200      800

#### PRACTICE ROUND 2

900      100      400      500      300

#### PRACTICE ROUND 3

1,000      8,000      10,000      12,000      24,000

#### PRACTICE ROUND 4

16,000      82,000      96,000      44,000      33,000

#### PRACTICE ROUND 5

54,000      800      66,000      71,000      100

## 1.6 LESSON - RECEPTIVE PRACTICE

### ACTIVITY



It's time to practice your receptive skills and see how much you can understand!

#### DIRECTIONS:

1. Watch each video with audio and captions turned off.
2. See how much of Dr. Byron's sentences you can understand. Watch the video as many times as necessary.
3. Check your answers by watching the video a final time with the audio and/or captions turned on.

#### RECEPTIVE PRACTICE 1

---

#### RECEPTIVE PRACTICE 2

---

#### RECEPTIVE PRACTICE 3

---

#### RECEPTIVE PRACTICE 4

---

Sample

## 1.7 LESSON - FINGERSPELLING PRACTICE

### ACTIVITY

It's time to practice your fingerspelling using the topic of automobile brands!

#### DIRECTIONS:

1. Watch each video and write down the word Dr. Byron is spelling.
2. After you've watched all of the videos, review the answers in the course.
3. For additional practice, use this list to spell the words yourself in a mirror or by recording yourself.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

## 1.7 LESSON - FINGERSPELLING PRACTICE

### ACTIVITY

in this next activity, you'll practice fingerspelling words.

#### DIRECTIONS:

1. Use the words below to practice fingerspelling over the next few days. Your goal is to fingerspell each word with one complete, smooth movement. Cross off each word once you've got it down.
2. Once you've completed this list, find opportunities throughout the day to fingerspell other words. The titles of TV shows, street names, family names, etc.

Morocco

Zermatt

Beijing

New Zealand

Dubrovnik

Edinburgh

Waikato

Santorini

Singapore

Rio de Janeiro

Sample